



Join the I-HHeLP Initiative™

COMPREHENSIVE, PRACTICAL UNDERSTANDING OF HORMONAL HEALTH FOR YOU AND YOUR PATIENTS

Become part of a growing network of holistic and integrative practitioners world-wide that are positively impacting those with a spectrum of hormonal symptoms that are commonplace today. Learn to implement proven approaches that will provide your patients with the highest quality of care.

FOR INFO TEXT: +1.855.969.5300 CODE: I-HHELP
www.hormonalhealth.ca

in partnership with
LP3 Network, exclusive provider of the IHH Educational Program™ - An Integrative Approach Toward Hormonal Health

Dr. Kristy Prouse BA, BSc, MD, FRCS(C) is an associate professor at the University of Toronto Faculty of Medicine and has practised obstetrics and gynaecology for the last 16 years. Dr. Prouse is the Chief Medical Officer at the Institute for Hormonal Health (IHH), an integrative and holistic practise with a team of experts specializing in hormones. Dr. Prouse also acts as medical advisor to In-Common Laboratories and sits on the editorial review board for the journal-Integrative Healthcare Practitioners.

Dr. Prouse has trained many practitioners across the world in her methods providing patient's access to a growing network of IHH Certified Practitioners™ as part of the I-HHeLP Initiative™.

"Using the best available research and the lasting improvement patients have experienced in our clinic, I have designed a comprehensive approach to successfully treat a wide array of patient populations needlessly suffering from hormonally related issues. The I-HHeLP Initiative™ is the culmination of years of planning and development work by my team and me."
-Dr. Kristy Prouse BA, BSc, MD, FRCS(C)

Medical Doctors-Naturopathic Doctors-Chiropractic Doctors-Nutritionists-
Biological Dentists-Osteopathic Doctors-Acupuncturists



LP3NETWORK.COM | 1.844.408.9453 | INFO@LP3NETWORK.COM

EDUCATION is at the Core of the I-HHeLP Initiative™

Learn a comprehensive approach to effectively identify, diagnose and treat hormonal conditions using best practice methods through on-line interactive video tutorials that test your knowledge at each step. Embark on this educational journey today by investing in the IHH Educational Program™ - An Integrative Approach Toward Hormonal Health, exclusively provided to you by LP3 Network™. Upon completion, take the online examination and qualify to become an Institute for Hormonal Health Certified Practitioner™.

LP3 Network is the exclusive provider of the IHH Educational Program™ - An Integrative Approach Toward Hormonal Health, which includes:

- Overview of Hormonal Health
- Cortisol Dysregulation
- Thyroid Dysfunction
- The Gut-Brain Connection and its Role in Hormone Balancing
- Sex Hormone Imbalances
- Scientific Appraisal of Conventional and Bio-identical Hormone Replacement Therapy
- Candida Overgrowth and Heavy Metal Toxicity-The Hormone Connection
- Investigative Approach and Interpretation of Hormone Imbalances
- Treatment Approach to Hormonal Healing
- Practical Prescribing: How to Prescribe Compounded Bio-identical Hormone Replacement Therapy
- Tools, Formulas and Protocols for Hormonal Health
- Case Study Review
- Exam for IHH certification

New Professional Designation

"IHH Certified Practitioner™ - Hormonal Health"

- Annual re-certification exam
- Designations in natural aesthetics, pain and weight management in the works!

Custom Tools for the IHH Certified Practitioner™

Membership in the IHH Practitioner Network™-a 'virtual' integrative practice that provides access to comprehensive treatment for your patient, regardless of your skill set or privileges (eg., prescription writing, IV vitamin and nutrient therapy, bio energetic medicine, holistic nutrition, etc.,). Receive referrals or make referrals taking advantage of each other's complementary skill sets and scope of practise. We all need each other.

IHH Branded Supplements exclusive access to IHH branded best-in-class supplements - targeting hormonal health created by Dr. Kristy Prouse MD, FRCS(C) (OB/Gyn).

IHH Practice Management and Electronic Medical Records Platform

- In partnership with SmartND™
- A customized and customizable, fully loaded EMR- 'your practice in a box' designed for the holistic and integrative practitioner
- Secure patient portal with over 40 hormone-specific HD videos for patient education
- Secure practitioner portal for the exchange of patient data
- Customized intake questionnaires that identify and auto-populate symptom profile graphs
- Pre-loaded with treatment protocols; prescriptions; botanicals; patient education handouts; supplement information handouts; scientific journal articles
- Treatment plan templates including patient-friendly dosing calendars
- Acupuncture recording and IV osmolarity calculators
- Online appointment scheduler; invoicing; inventory

Marketing tools

- Exposure on highly trafficked IHH website which directs patients to their local IHH certified practitioners. Extensive marketing is in place to keep the IHH brand at forefront.
- Use of IHH logo in marketing or clinic materials to let your patients know of your expertise and affiliation with reputable training

Access to professional consultation

- With Canada's leading hormonal expert Dr. Kristy Prouse MD, FRCS(C) (OB/Gyn) and her team of hormonal health practitioners